

Centre: CUWLC (Women's Lacrosse)	Date: 18th July 2018	Review Date:
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Risk Assessment: CUWLC by Lara Dillingham (President)

Lacrosse training, competitive matches and travel

Significant hazards	What could go wrong	Risk level (High, Medium or Low)	Existing control measures	Further actions
Spectator Injuries	Personal Injury	Low	First Aid kit at venue Written emergency procedure from site Qualified umpires present – pre match pitch inspection	
Head injuries		Medium	Mouth guards must be worn to take part in any training Goalkeepers wear helmets that are inspected weekly by officials First Aid kits at venues	
Sporting injuries		Medium	First Aid kits at venues Playing surfaces kept in good condition Personal sporting equipment kept in good condition	
Bus Travel	Accident	Medium	Bus company takes steps to prevent fatigue of drivers First Aid kit on coach	

EMERGENCY PROCEEDURES

Play or training will not continue or take place in the first instance if conditions are not safe to do so
 All players are aware of the location of First Aid kits.
 The emergency services will be called if deemed necessary by those leading the session or officiating a match
 Defibrillators present at: St John's training ground, Newnham College grounds and Wilberforce Astro pitches

ASSESSOR

Name of assessor:	Signature:	Date	Name of Supervisor:	Signature:	Date

REVIEW DATES

Reviewed by (name)	Signature	Date	Indicate changes here